PROGRAMS OF STUDY

Illinois Tech offers a 60-hour program of study in clinical counseling. Students within this program get a core curriculum in counseling with specialized knowledge in rehabilitation and mental health counseling, and the specialize in with Clinical Rehabilitation Counseling or Clinical Mental Health Counseling. The full-time program is designed for individuals who are looking to enter either the Clinical Rehabilitation or Clinical Mental Health Counseling field. The Working Professionals Program (WPP), which is also a 60-credit hour program, is designed specifically for individuals currently working in a mental health or disability-related field and who intend to complete the program while maintaining their full-time employment.

**Full-Time Program of Study**

The Full-Time Program of study in the CCP provides the equivalent of two years (four semesters) of full-time study and is designed to provide students with the essential knowledge and skills necessary for clinical rehabilitation counseling and clinical mental health counseling practice. A core of required graduate courses is described below, followed by increasingly more advanced clinical fieldwork, which is based in the student’s chosen specialization track. The program of study also affords students ongoing opportunities for interactive and collaborative experiences with persons with mental health concerns, disabilities and/or chronic illnesses, that align with each student’s chosen area of specialization.

**Typical Course Sequence for Full-Time Program of Study**

All courses listed below are required except where previous coursework makes them superfluous:

**Fall 1**

**Course Credits Title**

PSYC 410 3 Introduction to Rehabilitation and Mental Health Counseling

PSYC 412 3 Multicultural & Psychosocial Issues

PSYC 513 3 Assessment in Rehabilitation and Mental Health Counseling

PSYC 523 3 Introduction to Theories of Psychotherapy

PSYC 557 3 Pre-Practicum in Rehabilitation and Mental Health Counseling

**Spring 1**

PSYC 526 3 Psychopathology

PSYC 561 3 Applied Counseling Techniques: Group Counseling

PSYC 563 3 Human Growth & Career Development

PSYC 583 3 Rehabilitation Engineering Technology I

PSYC 590 3 Psychiatric Rehabilitation I

**Summer**

PSYC 411 3 Medical Aspects of Disability (ONLINE)

**Fall 2**

PSYC 549 3 Practicum in Rehabilitation and Mental Health Counseling

PSYC 547 3 Evidence-Based Practices

PSYC 562 3 Job Placement

PSYC 564 3 Rehabilitation and Mental Health Counseling Research Seminar

PSYC 588 3 Addictions and Psychopharmacology

**Spring 2**

PSYC 578 9 Clinical Rehabilitation Counseling Internship

-OR-

PSYC 579 9 Clinical Mental Health Counseling Internship

PSYC 576 3 Research in Rehabilitation and Mental Health Counseling

**Total Credits: 60**

***Psychiatric Rehabilitation* –** The curriculum in the CCP has a strong emphasis in psychiatric rehabilitation. This emphasis is designed to prepare students to more effectively help people with mental illness to obtain and maintain employment. Topics studied include counseling methods, successful vocational techniques and job placement strategies, psychopharmacology, diagnosis, consumer empowerment, use of community resources, supported education models, working with groups, and more. The following courses are intended to serve as the psychiatric rehabilitation core:

PSYC 590 Psychiatric Rehabilitation

PSYC 526 Psychopathology

PSYC 547 Evidence-Based Practice in Rehabilitation and Mental Health Counseling

**Working Professionals Program (WPP**)

The WPP is specifically designed for people who are currently working in the counseling field and are pursuing a master’s degree for job maintenance or enhancement. The WPP is designed to allow students to complete the degree program within three years while maintaining employment by taking into consideration students’ work schedules. The WPP is different from typical distance learning programs because we believe certain skill sets, such as counseling techniques and research methods, can only be obtained by engaging in group activities and direct contact with faculty. Therefore, in addition to providing online options for some classes, the WPP offers face-to-face evening classes (at times via distance through Google Meet or Blackboard Collaborate Ultra) and summer weekend classes, where students will benefit from direct interaction with faculty and other students with little to no impact on work schedules. If the work site and site supervisor meet the fieldwork and related supervision requirements, it is possible for students in the WPP to complete some or all of the required fieldwork experiences at the work site. Students in this program should refer to the ***Illinois Tech Clinical Counseling Fieldwork Manual***and talk directly with the fieldwork coordinator to ascertain if their work site would be an appropriate placement. The WPP is a 60 credit-hour program.

*Tentative Course of Study for the Working Professionals Program*

Term/Semester Course # Hrs Course Title

1 Fall PSYC 410 3 Intro to Rehabilitation & Mental Health Counseling

PSYC 523 3 Introduction to Theories of Psychotherapy

PSYC 412 3 Multicultural & Psychosocial Issues in RMHC

2 Spring PSYC 526 3 Psychopathology

PSYC 563 3 Human Growth and Career Development

PSYC 583 3 Rehabilitation Engineering Tech I

3 Summer PSYC 513 3 Assessment in Rehabilitation & Mental Health Counseling

PSYC 411 3 Medical Aspects of Disability

4 Fall PSYC 557 3 Pre-Practicum in RMHC

PSYC 564 3 Rehabilitation & Mental Health Counseling Research Seminar

5 Spring PSYC 590 3 Psychiatric Rehabilitation I

PSYC 576 3 Research in Rehabilitation and Mental Health Counseling

PSYC 549 3 Practicum in Rehabilitation & Mental Health Counseling

6 Summer PSYC 561 3 Applied Counseling Skills: Group Counseling

7 Fall PSYC 562 3 Job Placement (Online)

PSYC 588 3 Addictions and Psychopharmacology

PSYC 547 3 Evidence-Based Practice in RMHC

8 Spring PSYC 578 9 Clinical Rehabilitation Counseling Internship

-OR-

PSYC 579 9 Clinical Mental Health Counseling Internship

Total Credits = 60

ACCREDITATION

The Clinical Counseling program has been in existence at Illinois Institute of Technology (Illinois Tech) since 1966. The program was among the first nationwide to be accredited by the Council on Rehabilitation Education (CORE) as a *Rehabilitation Counseling* program in 1975, and maintained it until CORE merged with CACREP on July 1, 2017.

The program was accredited in 2015 by the Council on Counseling and Related Education Programs (CACREP) for both *Clinical Mental Health Counseling* and *Clinical Rehabilitation Counseling*, and currently maintains this status under the Rehabilitation and Mental Health Counseling Program until 2023.

The program is in the process of transitioning to what is currently known as the Clinical Counseling program, which has two separate specializations in Clinical Rehabilitation Counseling and Clinical Mental Health Counseling. We are in the process of applying for CACREP re-accreditation at this time.