

MAIN CAMPUS

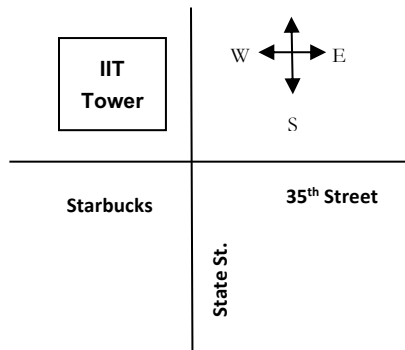
Michael Paul Galvin Tower

10 W 35th St
3rd Floor, Suite 3D9-1
Chicago, IL 60616

OFFICE HOURS:

Monday – Friday
8:30-5pm

**Closed from 12 - 1 p.m.*



MEET OUR TEAM

Gary Walley, MS, LCPC.

Director of The Center for Disability Resources
Associate Vice Provost for Student Health and
Wellness

Laura Zamudio

Associate Director of Operations

Imelda Rueda, MA

Medical Assistant

Kirsten Pelka, APN

Nurse Practitioner

Murti Mistri, FNP, MSN, BSN

Nurse Practitioner

Valerie Voss, MD

Physician

Dr. Lisa London, LCPC, NCC, DBH

Behavioral Medicine Specialist

Mishawn White, LCPC, NCC

Behavioral Health Clinician

Lisa Horne

Certified Rehabilitation Counselor

Margaret Robling, MD

Consulting Psychiatrist

ILLINOIS TECH

Student Health and Wellness Center

Student Health & Wellness Center

Healthcare for
the Student Mind & Body



Contact Us!

Phone: 312-567-7550

Fax: 312-567-5702

Email: student.health@iit.edu

<http://www.iit.edu/shwc/>

OUR SERVICES

Our services include both physical and mental healthcare needs for IL Tech and VanderCook students.

Our physical health services include treating infections and injuries, monitoring chronic diseases such as diabetes and high blood pressure, gynecological exams, immunization, allergy injections, prescribing medications, lab work, providing health maintenance care for students and routine cholesterol/blood glucose checks. We also provide Women's Wellness exams, sexual health including STI testing, STI prevention and HIV PREP. Office visits are free of charge; however, any lab work that is sent to another facility will be billed to the student.

Our Behavioral Health services include psychiatric evaluations with medication management, solution-focused psychotherapy, group therapy, and referrals when needed. Our Behavioral Health clinicians have advanced training in trauma, depression, anxiety, eating disorders, cultural adjustment, self-esteem, relationship concerns, family issues, anger management, addictions, queer concerns and more.

IMMUNIZATION COMPLIANCE

All on-campus IL Tech students registered for more than half-time status are required to adhere to IL Tech's Immunization Requirement as defined by IL State Law. Immunization records are due by the first week of class. They may be submitted through MedProctor site. The site can be accessed through the "My Apps Dashboard" through portal.iit.edu.

If you do not complete the immunization requirement, a registration hold will be placed on your account until it has been completed.

Information and instructions are available on our website: <https://www.iit.edu/shwc>

CONFIDENTIALITY

The services we provide are confidential. The confidentiality of our services is protected by our professional ethics and by state laws. We typically do not reveal anything about you to anyone outside of the Student Health and Wellness Center without your written permission. There are rare exceptions to this policy, such as when a therapist believes an individual is at risk for seriously harming themselves or another person. We would never contact your professors, Advisors, parents etc. otherwise or outside of these circumstances.

INSURANCE

The Student Health & Wellness Center serves as the administrator for the Aetna Student Health Insurance Plan. All students registered for 1 academic credit hour, or more are automatically billed and enrolled in the plan. If you would like to waive the Student Health insurance plan, please go to: <https://www.iit.edu/shwc/insurance>

If you would like a list of covered primary care providers or specialists in your area, please go to the "Find a Doctor" feature in Aetna's website: www.aetnastudenthealth.com/iit.

To reach Aetna Student Health by phone 800 -841-3140.

Illinois Tech Care Hub

866-349-5575

The Care Hub provides resources to help you balance the challenges of college life with assistance 24 hours a day, seven days a week, by telephone or interactive Web resources. All calls are confidential. As a complement to student health and wellness services at Illinois Tech, the Academic Student Assistance Program

EMERGENCIES

For medical emergencies, we recommend that you either go to the hospital or go to another nearby walk-in clinic.

IIT Public Safety Emergency	312-808-6363
Non-Emergency	312-808-6300

City of Chicago Emergency
911

For psychological crises, we provide triage counseling meetings. If you feel the need to speak with someone urgently, please call us at 312-567-7550 during our business hours.

National Suicide Prevention Lifeline
988

Chicago Rape Crisis Hotline
888-293-2080

